

# Does the Increased Availability of Alcohol Impregnated Caps and Alcohol Swabs Increase Compliance to Proper Line Care?

Northern Light Health

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### Background

- IVs are inserted in 30-80% of patients and are usually required for admission.
- Catheters in the veins are the number one risk for blood stream infections. These can develop within six days of insertion and progress to bacteremia by 17.
- Safer practice including placing only when necessary, using alcohol impregnated caps, proper flushing, scrubbing the hub for at least 10 seconds before use and timely removal can decrease these infections.
- Education of proper line care practices has been shown to increase compliance to these practices.

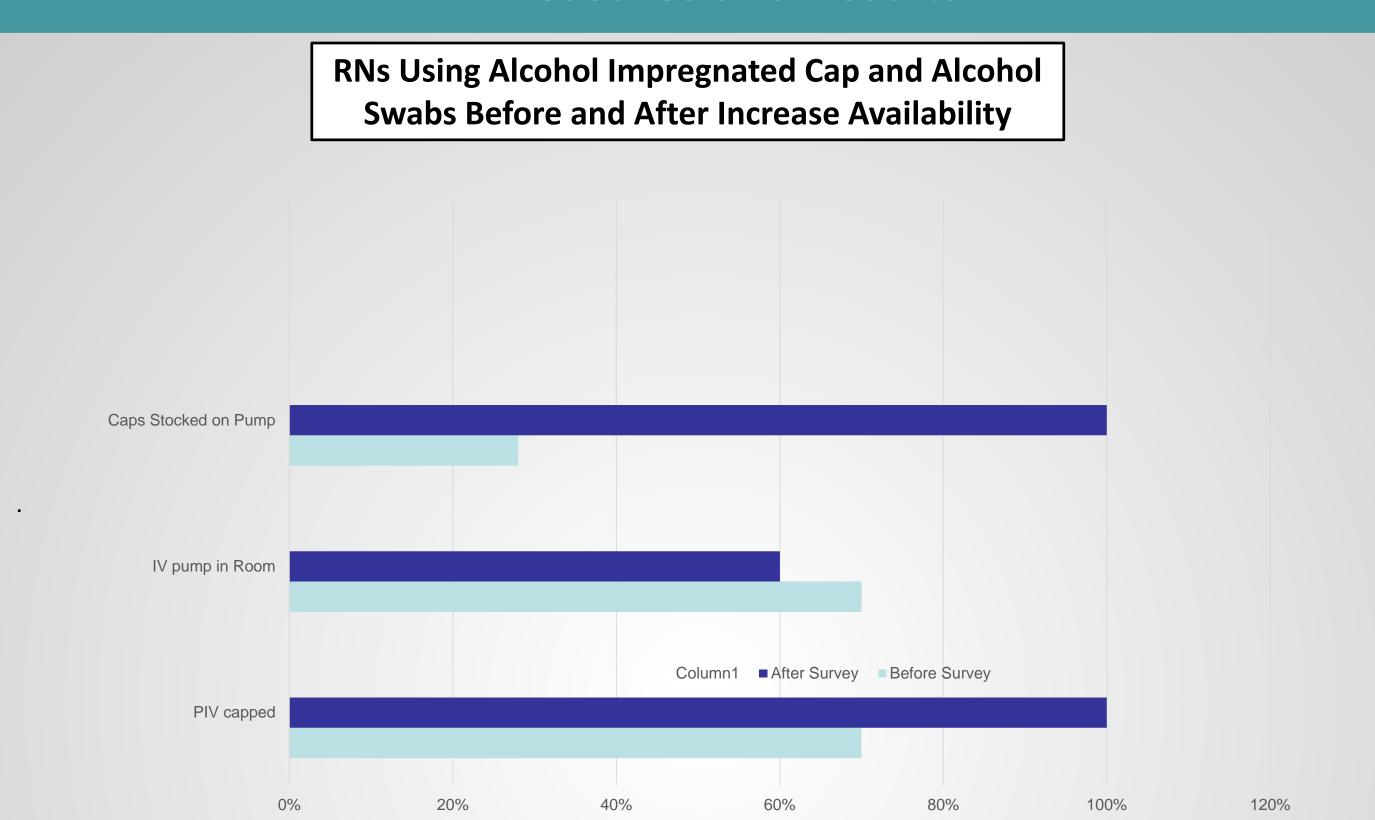
## **Practice Change**

Increase the availability of alcohol impregnated caps and alcohol swabs to registered nurses (RNs) improve compliance rates to proper line care.

### Methods

- Administered anonymous paper pre-surveys to RNs.
- Presented educational content to RNs via posters around the unit.
- Document the use of caps in ten rooms randomly.
- Increase the availability of alcohol impregnated caps and alcohol swabs by placing them in more accessible areas for RNs to reach.
- Document the use of caps in ten rooms randomly after change in location.

#### **Measures and Results**



## **Survey Results**

On a scale of 1-5, 1 being the lowest importance, 5 being the highest importance, how would you rate capping the end of PIV line/IV tubing?	1	2	3	4	5
Pre-Survey	9%	9%	36%	18%	27%
Post Survey	0%	0%	11%	11%	77%

	Pre-survey Yes	Pre-survey No	Post-Survey Yes	Post-Survey No
Do you always cap your PIVs/IV tubing?	63%	37%	66%	33%
During med pass do you bring alcohol caps with you to your patient room?	90%	10%	100%	0%
Do you believe alcohol filled caps are located in convenient places?	72%	28%	88%	12%
If you have an IV pump in the room do you keep alcohol filled aps hanging on the pump?	81%	19%	100%	0%
When you see a line that is not capped, do you take the time to put the alcohol cap on the end?	81%	19%	77%	23%

## **Summary/Discussion**

- Next Steps Include:
  - Increase availability of alcohol caps and swabs to RNs such as stocking them in patient rooms in an infection-safe manner.
  - More education on the importance of proper line care.
  - Track patient outcomes and infection rates and compare them to past infection rates before the implementation of the above steps.
- Feedback Listed on Survey:
  - "Keep them (caps and swabs) stocked in patient rooms."
  - "Rounding/Auditing by managers or charge or a team on patients with PIV access to assess if their capped or not."
  - "More education."

#### Conclusion

- Each alcohol cap costs roughly \$1.90.
  Many RNs are concerned about the cost therefore elect to only use them on central lines.
- RNs on P6 acknowledge the importance of proper line care however the availability of supplies is a large factor in compliance.
- Access to supplies is the key in increasing compliance.

References

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